

Strengthening Greater Des Moines

THERE'S NO PLACE LIKE THIS PLACE.

For 175 years, the Y has been the place where unlikely connections create stronger communities. We open doors for all—regardless of background or starting point—providing access to resources, relationships, and opportunities that help people thrive. Many people know us through our fitness facilities, exercise classes, and youth sports programs, but the Y is so much more.

We create safe spaces where children and teens are encouraged to discover, dare, and dream.

We reach out to students who are at risk of falling behind their peers in school and help them gain the confidence and academic skills they need to succeed.

We are a place where strangers become friends, and friends become a support network.

We help eliminate homelessness by providing hope, dignity, and support in the form of permanent, supportive housing.

We make all of our programs and services available to everyone. Whatever your age, your income, your background, or your abilities, there is a place for you here in our community.

YOU MAKE THIS POSSIBLE BY GIVING TO THE YMCA.

Every dollar of every gift stays right here in our local community, investing in a place where we all can reach our potential, flourish, and find belonging.



YMCA OF GREATER DES MOINES Annual Giving Fund

THE NEED

1 in 5 kids **can't read**
at a **3rd grade level**



Social isolation increases
the risk of dementia by 50%



2,700 Iowans experience
homelessness each year



Kids increasingly need
out-of-school-time care



60% of **youth drownings**
occur within 10 feet of safety



Loss of muscle mass can cause
metabolic and cardiovascular
problems like decreased bone
density and diabetes



Half of girls ages 10-13
experience **bullying**



Minority, first-gen, and low-
income students lag behind in
high school **graduation rates**
and **college enrollment**



THE IMPACT

Summer Learning Loss Prevention
programs advanced reading and
math skills by 3 months

2,300 seniors took part in
healthy activities at the Y

YMCA Supportive Housing Campus
provides permanent housing and
support to 140+ residents

More than 3,500 kids were served
through **Y Camp, day camp,** and
after-school programs

The Y provided **swim lessons** and
water safety instruction for 1,500 kids

EGYM users accessed the latest
technology to achieve an average
strength gain of 24 - 27%

Through **Girls on the Run**, 1,534 girls
became more confident and strong

Y Achievers helped 152 teens focus on
college readiness, career exploration,
and life skills development